



Testimonial for Dave Haynes

8th October 2012

Well what can I say about this man, he is a credit to his profession, and someone whom I value as a friend but more than that, a person who I totally trust in helping my family and friends.

My son Elliott has been treated by Dave before, for his back and growing pains, and he already has a great admiration for his skills. But now Elliott thinks he is a God, in fixing the following problem. Elliott had a problem with his patella rubbing against his knee and causing him pain after playing football, Dave initially found that his right quadricep was very tight and massaged the muscle and advised us to continue this at home.

After a week or so Elliott experienced the same pain whilst playing, which restricted his movements and his ability to compete in the trials for Hertfordshire under-18's.

We went to see Dave just before the last trial and he found that the patella was still rubbing against the joint. At first Dave hinted that it may need minor surgery, and I saw Elliott's face show great concern for a disrupted season ahead. Dave then decided to look at what could cause the problem and he found that his muscle from Elliott's hip to his patella was so tight that when he tried to massage it Elliott was in a lot of pain, however as Dave managed to loosen the muscle, Elliott found that the pain eased, after about 30 minutes of manipulation, Elliott felt so much better that not only did he manage to play in the final trial, but he was outstanding and was commended by the manager.

Elliott was very very impressed in the way Dave explained the problem and the solutions to resolve it. He is now fully fit and able to fully participate in all forms of sport.

I will and have recommended Dave Haynes to family, friends and other people.

Dave, thank you for your patience and understanding of the problem and the way you have yet again produced a miracle to aid Elliott's sporting desires.

Warren D'Souza

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