

## Testimonial for David Haynes from Mind And Body

**Date 25-07-2012**

For the last 15 years I have suffered with a burning sensation in my back (like a hot poker being pressed into my skin) if I stand for long periods of time. Many a doctor, physiotherapist, osteopath have had their hand on me trying to find out the issue. It was determined that I had trapped nerve endings in my back (probably from one of my many bike accidents).

I met david through a mutual friend regarding joining the BNI chapter he belonged to.

The pain in my back was getting progressively worse as I became more mobile after loosing over 6 stone in weight, I called David and asked if he could book me in as I could not bear it no longer.

Now this is where the magic happened within 20 min as he was manipulating my back he starts to laugh so I ask what's funny?

He found two ribs out in my back and mentioned that they were very far out of place.

Over two sessions the ribs were manipulated back into place, and I cannot stress enough how this has changed my life being pain free. David succeeded where everyone else failed, and for this I will always be greatfull.

Warm regards

David Millward