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Mr David Haynes  
Mind and Body.biz  
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Dear David

I would like to thank you most sincerely for the excellent way in which you helped me regarding my shoulder.

As you know, for a number of years now I have experienced a weakness in my upper left arm which while not a serious issue was of some concern from time to time. Following a consultation with your good self, you confirmed that there was a problem which should be addressed and then you wrote to my GP to apprise him of the situation. The subsequent visit to my GP has now resulted in an appointment being made at the EMG Department of St Albans City Hospital so we are now on the road to getting it sorted out.

I had previously spoken about it to other musculoskeletal professionals, usually while undergoing treatment on my back, none of whom suggested anything other than massaging the upper arm/shoulder area. This in retrospect was very disappointing.

But having consulted you about the matter I have to say I was most impressed - initially with your diagnosis and then with your follow-up and at all times with your professionalism.

Many thanks David for your help. I will certainly recommend you to whomever I know who has musculoskeletal problems.

Best regards

A handwritten signature in dark ink, appearing to read 'Richard Pearson', with a long horizontal flourish extending to the right.

Richard Pearson